

PEDAL FOR A PURPOSE REGISTRATION

Team Name _____

Location:

Central Spokane YMCA - Feb 3 North Spokane YMCA - Feb 10 Spokane Valley YMCA - Feb 24 South Spokane YMCA - Mar 10

Team Captain's Name _____ Address _____

Phone _____ Email _____ T-shirt size: Adult _____ OR Youth _____

TEAM MEMBERS

Name _____

Address _____

Email _____

Phone _____ T-shirt Size Adult _____ or Youth _____

Name _____

Address _____

Email _____

Phone _____ T-shirt Size Adult _____ or Youth _____

Name _____

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Address _____

Email _____

Phone _____ T-shirt Size Adult _____ or Youth _____

Name _____

Address _____

Email _____

Phone _____ T-shirt Size Adult _____ or Youth _____

Registration form and a \$50 initial donation must be submitted at least 3 weeks prior to your event date in order to secure your team's bikes, time slot and t-shirts. This will be included in your total donation.

**Please return completed form and \$50 to:
YMCA Member Services at your Y Branch**

SPONSORSHIP OPPORTUNITIES

We rely on the generosity of our sponsors to help us provide services to the people who need us most. By sponsoring the Pedal For A Purpose event your company not only receives positive exposure in the community but you help to ensure that everyone has the opportunity to learn, grow, and thrive.

A variety of sponsorship levels are available. For questions, or to register your business for the Corporate Cup or a Sponsorship contact:

Debby McConnell
dmcconnell@ymcaspokane.org
509 720 5619

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FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY



**The YMCA
STATIONARY
BIKE RELAY
WITH A CAUSE**

YMCA OF THE INLAND NORTHWEST
509 777 YMCA (9622)
ymcaspokane.org/pedal

WHAT IS PEDAL FOR A PURPOSE?

A YMCA spin bike relay event to raise money for, and awareness of, Y programs giving people opportunities to make a better life for themselves. This event is part of the YMCA's Annual Campaign.

YMCA programs funded by this event include: **LIVESTRONG®** at the YMCA, Camp Reed scholarships, Youth Sports, Teen Programs, Membership For All, YMCA's Diabetes Prevention Program and much more.

WHO BENEFITS? Your participation helps to provide services that build a healthier today and stronger tomorrow for people in our community.

YOUR TEAM'S GIFT OF \$1,000 HELPS

- **Ten DETERMINED** high school students can participate in Youth Legislature which develops leadership, sense of purpose and civic responsibility.
- **A week at Camp Reed** is possible for **five HOPEFUL** kids who otherwise couldn't afford to have the best week of their summer in the great outdoors.
- **Two cancer survivors** have the chance to regain hope and strength through the **NURTURING support** of the **LIVESTRONG®** at the YMCA program.

HOW CAN I HELP?

1. Create a team and challenge others to participate.
2. Join as a single rider with a minimum pledge and we'll place you with a team
3. Sponsor a team by making a donation.

PEDALING IS EASY HERE'S HOW

- 1 Gather a team of 10 and submit your registration form with \$50 to secure your team's spot
- 2 Raise \$1,000 or more as a team by your event date through personal donations or pledges from your friends and family.
- 3 Choose your date:

Feb 3	Central Spokane YMCA
Feb 10	North Spokane YMCA
Feb 24	Spokane Valley YMCA
Mar 10	South Spokane YMCA

Choose one hour, between 8am - Noon, for your team to ride all together.

Registration form and a \$50 initial donation must be submitted at least 3 weeks prior to your event date in order to secure your team's bikes, time slot and t-shirts. This will be included in your total donation.

NO TEAM? WE HAVE A SPOT FOR YOU

**FOR INDIVIDUAL REGISTRATION CALL:
509 777 9622**

ymcaspokane.org/pedal

CORPORATE CUP

Our Corporate Cup event is a fun team building opportunity for co-workers or businesses to work together to make Spokane stronger through a little healthy fundraising challenge.

When: Feb 3, 2018 | 1 - 2pm

Where: Central YMCA | 930 N Monroe St

Who: Team of 10 riders
(Your entire team rides together for 1 hour)

What: Enjoy friendly competition with other businesses while raising funds for the 2018 YMCA Annual Campaign. Your team will compete to raise the most money by 2pm on Feb 3, 2018, through pledges from friends and family. Donations can be secured prior to the event to give your team a head start.

How: Identify a team captain and register your corporate team to secure your time slot by contacting Mike Williams, 777 9622 x414 or mwilliams@ymcaspokane.org.

Space is limited - REGISTER NOW!

Corporate Cup Winner will receive: Bragging rights for a year, a coveted Corporate Cup trophy and the satisfaction of making a difference in our community.

All Corporate Cup Teams are invited to the celebration after the event!

David's Pizza
2 - 6pm



OUR IMPACT IS FELT EVERY DAY

With a mission to put Christian principles into practice through programs that build healthy spirit, mind and body for all. Our impact is felt when an individual makes a healthy choice, when a mentor inspires a child and when a community comes together.

OUR CAUSE DEFINES US

We know lasting personal and social change comes when we all work together. That's why, at the Y, strengthening community is our cause. Every day we work side-by-side with our neighbors to make sure everyone, regardless of age, income or background, has the opportunity to learn, grow and thrive.



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FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

